

The Prime Directive and Order of the Day to  
the Hebrew Roots Movement:

**“Gather Yourselves Together”**

A Diagnosis and a Prescription

**370**

 mm Hg

**40**

Dream was received on 28<sup>th</sup> of Tishrei, 5775 / 10-22-2014

Week after Sukkot

Torah Reading: Noach

Gen. 6:9-11:32, Num. 28:9-15, Haftarah: Isa. 66: 1-24

**Narrative by the receiver:**

“I was in a hospital emergency room... jammed with a sea of people... everyone including me... were dressed in white... similar to white outfits seen in martial arts classes... a nurse came over to take my blood pressure... it was taken on my right arm... up popped a huge white sign on the right side with big black letters... the readout said 370 /40... the examining nurse was looking at another nurse on my left side and said to her, “I do not know why she is not dead already”... in the dream I felt joyful, when I woke up I thanked the LORD I was not dead.”

**General comments:**

The following basic technical information is necessary to understand the substrate of this dream. It is in the depiction of a blood pressure reading.

**Systolic:** The top number, which is also the higher of the two numbers, measures the pressure in the arteries when the heart beats (when the heart muscle contracts). "Systolic" comes from the Greek *systole* meaning "a drawing together." [http://www.diffen.com/difference/Diastolic\\_vs\\_Systolic](http://www.diffen.com/difference/Diastolic_vs_Systolic)

**Diastolic:** The bottom number, which is also the lower of the two numbers, measures the pressure in the arteries between heartbeats (when the heart muscle is resting between beats and **refilling with blood**). **If the diastolic pressure is too low (known as hypotension or low blood pressure), the blood is not able to bring oxygen and nutrients to all the body's cells and remove waste matter. The diastolic blood pressure is considered low when the reading is below 60.** "Diastolic" comes from the Greek *diastole* meaning "a drawing apart."

<http://www.everydayhealth.com/health-questions/low-blood-pressure/is-a-diastolic-reading-of-47-too-low> [http://www.diffen.com/difference/Diastolic vs Systolic](http://www.diffen.com/difference/Diastolic_vs_Systolic)

*I was in a **hospital emergency room**...*

This is the setting of a **hospital** where people go to be healed. Further, the inner location is the **emergency room**, where **immediate “emergency” diagnostic and helping measures** need to be taken on serious and worsening conditions and afflictions of diverse sorts, which may be matters of life and death.

*With a **sea of people**...*

This is describing the “more than a usual number” of the people there at the same time. This indicates that their afflictions are somehow **shared and timed** to happen at the same time, which **directs them and gathers them** to be there **at the same time**. They **all need something therapeutic done to them at the same time**.

*Everyone was dressed in **white**...*

This is most unusual, for people in emergency rooms are not all dressed in white, except perhaps those already being treated. Since this is a dream depicting **spiritual processes**, it may indicate that all those taken/sent there **are to be treated to be purified** to become clean and righteous, or they think they are clean and righteous.

***Nurse** came over to take my blood pressure...*

This indicates that a basic but **critical reading** of the dreamer is taken. Since the dreamer finds herself in the same place at the same time with others, this indicates that she is a **representative** of all those there. The examining nurse is the **initial “healing” expert** whose **examination and analysis** is to be followed by all other experts who will decide on and apply **corrective helping/healing measures**.

*It was taken on my **right arm**...*

The location indicates that is the **“correct”/“right”** way to analyze the extant conditions.

*Up popped a **huge white sign** on the **right side** with big black letters...*

The **right** side is pointed out again, underscores that whatever is being done, and whatever is shown is **“right,” and “correct.”** The **large sign** points to the **mighty helping “right” hand/arm** of God.

The readout showed: **370 /40 mm of Hg (Mercury) of blood pressure**...

These **numbers** express the **core messages** which need to be decoded.

*The examining nurse was looking at **another nurse on my left side** and said to her, “I do not know why she is **not dead** already...”*

This indicates that the condition is past lethal and **only by God’s grace** is the dreamer not dead. Knowing the dreamer’s membership to be **among those resurrected** from the Valley of Dry Bones, this indicates

everyone there is not sustained by their own native, human strength but by the Providential grace of the Almighty. Her statement also indicates a **very severe current condition that needs immediate emergency help**. The two nurses make up the minimum of **two witnesses** required in the judgment process of matters of life and death.

*In the dream I felt joyful, when I woke up I thanked the LORD I was not dead.*

The joy indicates that the overall message of the dream is not one of doom, but of hope to be brought out of a very dangerous condition. It also indicates that giving **thanks** is the first order of business and immediate action is required as shown by the dream's core features, the very prominent blood pressure figures. They need to be examined for their messages and acted upon immediately for the situation is one of **group-wide emergency**.

#### **Specific comments:**

The **top** extreme "systolic" number is extremely prominent in several ways, and hence of key relevance to the meaning of the dream.

On first search for relevant biblical words with a **370** gematria sum this author found: כּוּשׁ / kines.

כּוּשׁ / kines means *gather together, assemble*

khaf 20

nun, 50

shin 300

**370**

This systolic number indicates an unrealistic **extreme pressure**, and points to the "**extreme urgency of the re-gathering**" to which we are called to pay attention and which we are to do. The remarkable part of this find was that the finding this number on a list that has this word spelled erroneously with a sin כּוּשׁ instead of a samech כּוּס was a synchronous event. That means that even though the word is misspelled, yet it had to be found **at this time on this erroneous list to make the point of extreme pressure in the current re-gathering process. Therefore the misspelling here is of prime importance.** The very misspelling gives a gematria value of **370**, which is a key to correctly interpreting the dream. When the word is properly spelled, with a samech כּוּס (60), the gematria value of the word is **130**. Spelled either way, the message is: כּוּשׁ /kines *gather together, assemble*. The first place in the Bible where a relevant word with the same **130** gematria value occurs is in Gen. 48:18, *yamiyecha / יָמִינְךָ* meaning "your right hand." This word points to the often used phrase of "[the outstretched arm](#)" with which YHVH gathers His people. This expression and "thy right hand" occur in the citations below. A graphic illustration of the concept was shown in a vision to this author about five years ago: <http://www.shaar-israel.org/Welcome-to-Shaar-Israel/Gather-Together/index.htm>

Thou hast a mighty arm; Strong is thy hand, and high is thy right hand.— Psalm 89:13 (ASV)

For I hold you by your right hand — I, the LORD your God. And I say to you, ‘Don’t be afraid. I am here to help you.’ — Isa. 41:13 (NLT)

God’s right hand is a **symbol of God’s saving power**. See Ex. 15:1, 6, 15; Psalm 17:7, 18:35, 20:6, 60:5, 80:15, 89:13, 98:1; 108:6, 138:7. See: <http://thejewishhome.org/counter/Arm.pdf>

“The right hand of the Lord” exhibits the omnipotence of God especially on behalf of his people Israel.” —TWOT 872, article: *yamin*.

Here we see that *strength and help* are explicitly conjoined to the instrumental use of His right hand:

Fear thou not, for I am with thee, be not dismayed, for I am thy God; I strengthen thee, yea, I help thee; yea, I uphold thee with My victorious right hand. — Isa. 41:10 (TES)

Now know I that the LORD saveth His anointed; He will answer him from His holy heaven with the mighty acts of His saving right hand. — Psalm 20:6 (TES)

Thou hast an arm with might: strong is thy hand, *and* high is thy right hand. —Psalm 89:13 (TES)

Who are we to gather? This [PR/dream](#) leaves no doubts on whom our gathering efforts are to focus and by what **identity** we are to call them. **370** gives us the answer:

The gematria of the town Naaran /Juvenile in **Ephraim** (I Chron. 7:28) is **370** (Josh. 16:7). This place name is **prophetic** and points to how Ephraim will be and is lovingly thought of, like of a dear small **child** by YHVH:

Is **Ephraim** a darling son unto Me? Is he a **child** that is dandled? For as often as I speak of him, I do earnestly remember him still; therefore My heart yearneth for him, I will surely have compassion upon him, saith the LORD. — Jer. 31:19 (KJV)

This verse reflects the same, loving, fatherly disposition of the Creator toward the people of Ephraim. It also tells us that we are to **declare this identity** to those who are to be **gathered to the path of the Torah** by YHVH.

They shall come with weeping, and with supplications will I lead them; I will cause them to walk **by rivers of waters, in a straight way wherein they shall not stumble**; for I am become **a father to Israel, and Ephraim is My first-born**. Hear the word of the LORD, O you nations, and **declare it in the isles afar off**, and say: ‘He that scattered Israel doth **gather him**, and keep him, as a shepherd doth his flock.’

—Jer.31:8-9 (TES)

כנס/kines = to gather, assemble

Khaf 20  
Nun 50

ימינך / yamiynecha = your right hand

Yod 10  
Mem 40  
Nun 50

Samech 60

**130**

Yod 10

Khaf 20

**130**

The above two relevant words with a gematria value of **130** indicate the audience of the dream, as well as those who are in the dream' emergency room. They are there due to the **gathering** "work" of the Almighty done by his "mighty right arm." Further, the instruction to them is that the reasons they are called to the emergency room are:

- 1) To be **informed** of their **debilitated condition**.
- 2) To be **purified and healed** in order to be prepared to be part of the expanding "work" of YHVH.
- 3) Their role will be to **gather together and form assemblies to which others will be gathered**.

**Comments on the very low diastolic # 40:**

לאט/leat = to utter gently, privily, stealthily, softly in secret

Lamed 30

Aleph 1

Tet 9

**40**

לאט /leat suggests the nature of the of "the sea of people" in the emergency room is **somewhat secret** at this time, for they are all in an **inside room**, out of public view.

חבל / Havel = birthing/labor pain

Chet 8

Beit 2

Lamed 30

**40**

חבל / Havel along with leat suggest overlapping compound conditions:

- 1) The **overall process** going on in the emergency room is part of the process of **birthing**.
- 2) The "gentle, soft" voice of those in the emergency room can hardly be heard, it is like a "whisper." The real-life medical cause of the very low diastolic pressure (as explained below),
- 3) Sepsis, is poisoning of the blood with waste matter and bacteria. This means the **life blood** of those delivered to the emergency room need healing medicines and energizing by oxygenation/purification. (Life is in the blood, Lev. 19:11).
- 4) Sepsis also indicates that the life blood of those present is contaminated with waste matter. The purification process needs to be started on all gathered there.

### Medical explanations:

“If the diastolic pressure is **too low** (known as hypotension or low blood pressure), the blood is not able to bring oxygen and nutrients to all the body’s cells and remove waste matter. The diastolic blood pressure is considered low when the reading is below 60.” <http://www.everydayhealth.com/health-questions/low-blood-pressure/is-a-diastolic-reading-of-47-too-low> The normal drop in blood pressure that occurs with **pregnancy** typically does not cause the symptoms of severe hypotension that occur with shock. In patients with **sepsis** or profound blood loss, a severe drop in blood pressure can result in organ damage such as stroke, kidney failure, and heart attack. Sepsis can also cause severe drop in blood pressure. <http://www.medicinenet.com/script/main/art.asp?articlekey=167166>

### Diagnostic impression of a # 40 spiritual state:

This low reading indicates that **the “blood” of the movement is NOT moving, and is not being refreshed. Spiritual toxins, contaminating “waste matter” are not being eliminated and spiritual nutrients are not taken in.**

This impression is based on the following etymology:

“It’s not quite clear what came first, the verb or the noun, but the verb **הביל** (*habal*), means **to act emptily or become vain**, and the noun **הביל** (*hebel*) means **vapor, breath**, in the negative sense of **having no substance and being something very close to nothing**. Both these words are commonly used to denote **the worthlessness of idols** (Isaiah 57:13) or treasure obtained through deceit (Proverbs 21:6). It is also the favored word in negative statements regarding general human effort or riches. The famous Ecclesiastes saying, “vanity of vanities; all is vanity,” (1:2) uses these same words.” <http://www.abarim-publications.com/Meaning/Abel.html#.VF78kPnF91Y>

The above impression is reflected in the following verse:

LORD, in trouble have they sought Thee, silently they poured out a [whispered] prayer when Thy chastening was upon them. Like as a woman with child, that draweth near the time of her delivery, is in pain and crieth out in her pangs; so have we been at Thy presence, O LORD.

—Isa. 26:16-17(KJV)

An excerpt from the haftarah portion for the week of the dream underscores the holographic nature of the dream.

Before she travailed, she brought forth; before **her pain came**, she was delivered of a **man-child**. Who hath heard such a thing? Who hath seen such things? Is a land born in one day? Is a nation brought forth at once? For as soon as Zion **travailed**, she brought forth her **children**. Shall I bring to **the birth**, and not cause to bring forth? Saith the LORD; Shall I that cause to bring forth shut the womb? Saith thy God.

—Isa. 66:7-9

### The Cure:

When thou **criest**, let them that thou hast gathered deliver thee; but the wind shall carry them all away, a **breath / הַבֵּל** shall bear them off; but he that taketh refuge in Me shall possess the land, and shall inherit My holy mountain. And He will say: **cast you up, cast you up**, clear the way, **take up the stumbling block out of the way of My people**. —Isa. 57:13-14 (TES)

בְּזַעֲמָהּ יִצְיֵלֶהָ קְבוּצֶיהָ וְאֵת כָּל־מִשְׁאֵי רִיחַ הַקֶּבֶל וְהַחֹסֶה בִּי יִנְחַל אֶרֶץ וַיִּירֶשׁ הָר קִדְשֵׁי: וְאָמַר סֵלֹו  
סֵלֹו פָּנֹו דָרֶךְ הָרִימוּ מִכְשׁוֹל מִדְרֶךְ עַמִּי:

The contamination is due to a **stumbling block on the way/path** of the people to be gathered:

For My people hath forgotten Me, they offer unto vanity; and they have **been made to stumble in their ways**, in the ancient paths, to walk in bypaths, **in a way not cast up**; —Jer. 18:15 (TES)

Go through, go through the gates, clear you the way of the people; cast up, cast up the highway, **gather out the stones**; lift up an ensign over the peoples. —Isa. 62:10 (TES)

This verse containing another relevant word, corresponding to the gematria value of **40**, suggests a **child** that is not yet born. The **40** value also harkens back to the “darling child” of Ephraim, and the pregnancy and its concomitant birth pains.

וַלָּד /Valad = child/offspring

Vav 6

Lamed 30

Dalet 4

**40**

And Sarai was barren; she had no child. וַתְּהִי שָׂרַי עֲקֵרָה אֵין לָהּ יֶלֶד: —Gen.11:30 (TES)

This verse with relevant word **found in the Torah portion of the week**, with the gematria value of **40** suggests that which was torn will be **put together**, i.e. **assembled, mended back together, a patch at a time**. As Joseph was told to have been **torn in pieces**, and cast out into the world in pieces, likewise he will be **reassembled from the four corners of the world a piece at a time**.

טֵלָא/Tela = to be torn, to be mended in pieces or patches

Tet 9

Lamed 30

Aleph 1

**40**

And the one went out from me, and I said: Surely he is **torn in pieces**; and I have not seen him since; —Gen. 44:28 (TES)

Turn, O backsliding children, saith the LORD; for I am married unto you: and I will take you **one of a city, and two of a family**, and I will bring you to Zion: —Jer. 3:14 (KJV)

Fear not: for I *am* with thee: I will bring thy seed **from the east**, and gather thee **from the west**; I will say to the **north**, Give up; and to the **south**, Keep not back: bring my sons from far, and my daughters from the ends of the earth; Even every one that is called by my name: for I have created him for my glory, I have formed him; yes, I have made him. Bring forth the blind people that have eyes, and the deaf that have ears. Let all the nations be gathered together, and **let the people be assembled**: who among them can declare this, and shew us former things? Let them bring forth their witnesses, that they may be justified: or let them hear, and say, *It is truth*. —Isa. 43:5-9 (KJV)

‘Come, and let us **return unto the LORD**; for He hath **horn**, and He will **heal** us, He hath smitten, and He will bind us up. —Hos. 6:1(KJV)

For a related “hospital” dream, see:

<http://www.shaar-israel.org/Welcome-to-Shaar-Israel/Prayer/Hospital-Dream.pdf>

### Summary

The dream is NOT reflective or explanatory in any way of the dreamer’s spiritual state. The extremely high systolic number and the very low diastolic number speak of the **urgency** of the dream’s message. The extreme systolic number indicates that the group is “**drawing apart**” rather than coming together. The medical data hints at **possible more diagnostic and curative measures** applied to the “**heart**,” which is integrally related to blood pressure. The heart here refers to the **heart of the movement** of whose condition the blood pressure figures are symptoms. In Hebrew symbolic language the *heart* represents “receptivity.” Possible further diagnostic work may indicate “resistance” i.e. “stubborn hard-heartedness” toward new information from on High. The situation is also likened to a birthing process and its pains. This process is hidden from the public, and the participants have no strength or voice in their condition. The extreme numbers point to **immediate curative measures** to be taken on the heart. The large designation of being on the “right” is a pun. It speaks of the depiction of the numbers to be **correct** and which are to be noticed and heeded. They also speak of the Mighty Saving Arm of YHVH being at work there, and what needs to be called on to save them. Those present need to recognize the Divine mighty “gathering work” they are part of and for which they have been saved from spiritual death. The overall “work” of the dream concerns the “**gathering of Ephraim/ the Ten Tribes**” into gatherings and assemblies. They are to be called by that name and are to return to that *lost/hidden* identity. The diastolic number tells of the great re-gathering into which all are called, and in which they are to serve further. Their calling/deliverance to the emergency room and their shared, common “emergency” status signifies their need to be purified now. This immediate procedure and process is necessary to ready them to do the “work” of preparing the highway of return for others to come. The main task in that work is to take out the stumbling blocks from before the group and others to follow on that highway. Implications are that to do this across the group will be a **unifying measure** to which all can agree. Further, the condition is a symptom of the group **not being energized and properly fed**. Their low energy condition is due to **contamination** by unknown factors which may be related to parasitic elements, i.e. “idols.” They limit their “empowerment.” This needs further deeper diagnostic work for which the participants need to ask the Divine Physician. This dream calls immediate attention to this common, collective and unifying task for the Ten Tribes.